

Is my Present Home a Lifetime Home?

Read the following questions* and check the box when your answer is "No."
Your answers will help determine how your home can be modified to give you
the comfort and independence of a Lifetime Home.

(Skip any questions that don't apply or you're unsure about.)



- Is there at least one step-free entrance into your home?
- Is there a bedroom, full bathroom and kitchen on the main level?
- Are the interior doorways at least 36" wide?
- Does your kitchen have a work surface you can use while seated?
- Is there a fire extinguisher within reach of the oven or stove?
- Are your kitchen cabinets and shelves easy for you to reach?
- Does your kitchen have a lever-, touch or sensor-style faucet?
- If you use a step stool, does it have nonslip surfaces and a handle you can grip?
- Are there secure handrails on both sides of your stairs?
- Are your hallways well lighted? (Can you see what's in front of you and on the floor beneath you?)
- Are your staircases well lighted?
- Are your exterior walkways and entrances well lighted?
- Are your exterior walkways in a safe condition, free of tripping hazards?
- Is your home's address number clearly visible from the street?
- Is the entrance door easy for you to unlock, lock, open and close?
- Do your exterior doors have secure locks that can't accidentally lock you in or out of the home?
- Does your entrance door have a peephole, viewing panel or security technology so you can see who is outside?
- Does your entrance door have a secure slide latch or chain so you can open the door enough to speak with someone outside while not fully unlocking and opening the door?
- Are the exterior door thresholds easy to see?
- Do all of your area rugs have nonslip strips to prevent tripping or slipping?
- Is the carpeting on your stairs secure and in good condition?
- Are the switches that control stairway light fixtures located at both the top and bottom of the stairs?
- Are all electrical and phone cords safely located (so they aren't a tripping hazard)?
- Do you have a shower with a step-free entry?
- Are the bathroom cabinets and shelves easy for you to reach?
- Does your bathroom have a lever-, touch or sensor-style faucet?
- Is there "blocking" (e.g., a wood stud or other solid surface) behind the bathroom walls so grab bars can be securely installed in the bathtub, shower and toilet areas?
- Are there nonslip strips or nonslip mats in the bathtub and/or shower?
- Is your hot water heater set at or below 120°F?
- Are there smoke and carbon monoxide detectors on each floor of the home?
- Can a smoke and carbon monoxide detector be heard in every bedroom?
- Is a telephone easily accessible on every level of your home?
- Do you have flashlights in multiple rooms (in case of a power failure)?

*original checklist developed by AARP



LIFETIMEHOME
SOLUTIONS FOR INDEPENDENT LIVING

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